

## SALADS

All salads served over a bed of fresh crisp romaine lettuce

### Add any of the following to your salad - 2.49

Grilled Chicken, Sliced Turkey, Gyro, Chicken Salad or Tuna Salad, Beef Shawarma, Grilled Vegetables

### Traditional Garden Salad - 7.49

Tomatoes, Shredded Carrots, Cucumbers, Red Onions, Lacey Swiss Cheese, finished with Italian Dressing

### Park Avenue Salad - 8.49

Pears, Crumbled Gorgonzola Cheese, Pecans, finished with Balsamic Vinaigrette Dressing

### Bluto Salad - 8.49

Green Apples, Feta Cheese, Walnuts, Dried Cranberries finished with Balsamic Vinaigrette Dressing

### Popeye Salad - 8.49

Strawberries, Feta Cheese, Poppy Seeds, Slivered Almonds, finished with Balsamic Vinaigrette Dressing

### Olive Oil Salad - 8.99

Marinated Eggplant, Tomatoes, Red Onions, Banana Peppers, Shredded Mozzarella Cheese, finished with Balsamic Vinaigrette Dressing

### My Big Fat Greek Salad - 8.49

Roasted Red Peppers, Banana Peppers, Red Onions, Kalamata Olives, Feta Cheese, finished with a Garlic Lemon Dressing

### Grilled Veggie Salad - 8.49

Assorted Grilled Vegetables, Shredded Sharp Provolone Cheese, finished with Italian Dressing

### Fattoush Salad - 8.99

Parsley, Tomatoes, Cucumbers, Red Onions, Feta Cheese, topped with Pita Chips, finished with a Sumac Mint Dressing

### Hommus Heaven Salad - 8.99

Hommus, Feta Cheese, Roasted Red Peppers, Red Onions, Kalamata Olives, Avocado, finished with a Tahini Dressing

### Falafel Salad - 8.49

Falafel, Hommus, Pickled Turnips, Tabouleh, Red Onions, finished with a Tahini Dressing

### Chicken Caesar Salad - 9.99

Homemade Croutons, Chopped Bacon, Parmesan Cheese, Topped with Grilled Chicken, finished with Caesar Dressing

### Buffalo Chicken - 9.99

Tomatoes, Cucumbers, Red Onions, Crumbled Gorgonzola Cheese, Topped with Buffalo Chicken, finished with a Blue Cheese Dressing

### AntiPasto - 8.99

Sliced Italian Meats, Sharp Provolone Cheese, Red Roasted Peppers, Kalamata Olives, Banana Peppers, Red Onions, finished with Italian Dressing

## MEDITERRANEAN SAMPLERS

### Original Sampler - 8.49

Hommus, Tabouleh, Grape Leaves, Kalamata Olives, Feta Cheese, Pita Chips

### Super Sampler - 9.99

Hommus, Tabouleh, Grape Leaves, Marinated Eggplant, Kalamata Olives, Feta Cheese, Pita Chips

### Falafel Sampler - 9.99

6 Falafel, Lettuce, Tomatoes, Pickled Turnips, Tahini, Pita Bread

### Sampler Heaven - 13.99

Hommus, Tabouleh, Eech Cracked Wheat Salad, Grape Leaves, Marinated Eggplant, Falafel, Kalamata Olives, Feta Cheese, Pita Chips

## BREAKFAST SANDWICHES

Available all day!

### Nutella Heaven - 3.49

Nutella, Strawberries, served on a homemade Armenian Sweet Bread

### Breakfast Sandwich - 3.99

Bacon, Turkey or Ham, American Cheese, Fried Egg, served on a homemade Armenian Sweet Bread

### The Little Armenia - 4.99

Thinly Sliced Cured Basturma, Muenster Cheese, Fried Egg, served on a homemade Armenian Sweet Bread

We always crack a fresh egg! Never egg substitute

## SWEETS

Homemade Walnut Baklava - 1.75 ea.

Homemade Pistachio Baklava - 1.75 ea.

Fresh Chocolate Chip Cookie - 2.25 ea.



## WE CATER

Are you planning a gathering? Consider Sonia's for your next event! Our delicious sandwich platters or gourmet appetizer samplers are sure to be a hit!

# 401.941.9300

OUR HOURS ARE SEASONAL PLEASE CALL AHEAD  
816 PARK AVENUE CRANSTON, RI 02910

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### DISCLAIMER

We do our best to use pitted olives. Please be aware that we are not responsible for any olives that may contain pits. Regarding food allergies, We label our food items as best as we can. Please read the menu carefully. Our premises is not a nut free facility. Please make us aware of any allergies you might have.



# 401.941.9300

TAKE OUT • DINE IN  
SONIASDELI.COM

## WRAPS

Your choice of a Pita Bread, Plain, Wheat, Tomato Basil, or Spinach Wrap

### Tuna Melt Wrap - 7.99

Tuna, Tomatoes, Red Onions, Chopped Pickles, American Cheese, Grilled

### My Big Fat Greek Wrap - 7.99

Grilled Chicken, Tomatoes, Roasted Red Peppers, Red Onions, Olives, Feta Cheese, Drizzled with a Garlic Lemon Dressing, Grilled

### Kalamata Olive Chicken Wrap - 7.99

Grilled Chicken, Tomatoes, Roasted Red Peppers, Feta Cheese, Olive Mayo, Grilled

### Mesquite Turkey Wrap - 8.49

Smoked Turkey, Creamy Havarti Cheese, Bacon, Tomatoes, Red Onions, BBQ Mayo, Grilled

### Hot and Heavy - 8.49

Salsalito Turkey, Jalapeño Havarti Cheese, Avocado, Shredded Carrots, Grilled Onions, Spicy Salsa Mayo, Grilled

### The Cranston East - 7.99

Grilled Vegetables, Grilled Chicken, Lacey Swiss Cheese, Garlic Pesto Mayo, Grilled

### Chicken Caesar Wrap - 7.99

Grilled Chicken, Lettuce, Parmesan Cheese, Pita Chips, Bacon, Drizzled with a Caesar Dressing

### The Rolfe Square - 8.49

Ovengold Turkey, Lacey Swiss Cheese, Avocado, Cucumber, Shredded Carrots, Lettuce, Italian Dressing

### Buffalo Chicken Wrap - 7.99

Buffalo Chicken, Tomatoes, Lettuce, Cucumbers, Red Onions, Crumbled Gorgonzola, Drizzled with Blue Cheese Dressing

## SIGNATURE SANDWICHES

Fresh French Baguettes brought in daily

### The Hill - 8.49

Italian Prosciutto, Fresh Mozzarella Cheese, Tomatoes, Roasted Red Peppers, Basil, Drizzled with Balsamic Vinegar and Olive Oil

### Turkey Pesto - 7.99

Ovengold Turkey, Creamy Havarti Cheese, Tomatoes, Lettuce, Dried Cranberries, Garlic Pesto Mayo

### Red & White - 8.49

Grilled Chicken, Fresh Mozzarella Cheese, Lettuce, Red Onions, Roasted Red Peppers, Garlic Pesto Mayo

### Eggplant Special - 8.49

Marinated Eggplant, Grilled Chicken, Tomatoes, Mozzarella Cheese

### The Yorker - 8.49

Roast Beef, Melted Havarti Cheese, Tomatoes, Lettuce, Red Onions, Garlic Pesto Mayo

### Smokey - 7.99

Mesquite Smoked Turkey, Gouda Cheese, Lettuce, Sliced Green Apple, Garlic Pesto Mayo

### Turkey Deluxe - 8.49

Ovengold Turkey, American Cheese, Bacon, Tomatoes, Lettuce, Mayo

### Muenster Mash - 7.99

Ham, Muenster Cheese, Tomatoes, Lettuce, Shredded Carrots, Horseradish Dressing

### Italian Grinder - 8.99

Mortadella, Salami, Hot Capocollo, Ham, Sharp Provolone Cheese, Tomatoes, Lettuce, Red Onions, Chopped Pickles, Banana Peppers, Drizzled with Red Vinegar and Olive Oil

### The Roman - 8.49

Sopressata, Sharp Provolone Cheese, Lettuce, Roasted Red Peppers, Banana Peppers, Drizzled with Balsamic Vinegar and Olive Oil

### Triple Play - 8.99

Roast Beef, Ham, Ovengold Turkey, American Cheese, Tomatoes, Lettuce, Deli Mustard, Mayo

### Chicken Delight - 7.99

Grilled Chicken, Mozzarella Cheese, Roasted Red Peppers, Kalamata Olives, Spicy Salsa Mayo

### Armen-Hammer - 8.49

Roast Beef, Jalapeño Havarti Cheese, Roasted Red Peppers, Red Onions, Tomatoes, Spicy Salsa Mayo

### Atomic Bomb - 8.49

Grilled Chicken, Vermont Cheddar Cheese, Bacon, Garlic Pesto Mayo, Grilled

### Pastrami Reuben - 8.49

Thinly Sliced Pastrami, Swiss Cheese, Russian Dressing, Grilled on Deli Rye Bread

### Chicken Salad BLT - 8.49

Chicken Salad, Lettuce, Tomatoes, Bacon, Chopped Pickles, Grilled on Deli Rye Bread

### Classic BLT - 6.49

Applewood Smoked Crispy Bacon, Lettuce, Tomatoes, Mayo, Grilled on Deli Rye Bread

### The RockStar Grilled Cheese - 5.99

American, Swiss, Gouda, Bacon, Tomatoes, Grilled on Greek Flat Bread Add Grilled Chicken for \$2.49

## SOUPS

### Chicken or Lentil Soup

Served Daily - 4.49 Pint - 8.99 Quart

## MAKE IT A COMBO

Choose two for 9.99

Small Soup - Half Signature Sandwich - Half Salad

## MEDITERRANEAN · VEGETARIAN · FALAFEL SANDWICHES

### Hommus Wrap - 7.99

Hommus, Tomatoes, Lettuce, Red Onions, Tabouleh, Banana Peppers, Cucumbers, Wrapped in Pita Bread

### BabaGanoush Wrap - 7.99

BabaGanoush, Lettuce, Armenian Cracked Wheat Salad, Kalamata Olives, Banana Peppers, Wrapped in Pita Bread

### Sonia's Falafel - 7.99

Falafel, Tomatoes, Lettuce, Red Onions, Tabouleh, Banana Peppers, Hommus, Drizzled with Tahini Dressing, Wrapped in Pita Bread

**Make it a Chicken Falafel combo for - 8.49**

### Syrian Falafel - 7.99

Hommus, Falafel, Tomatoes, Parsley, Pickled Turnips, Red Hot Pepper, Banana Peppers, Drizzled with Tahini Dressing, Wrapped in Pita Bread

### Beef Shawarma - 8.99

Seasoned Sliced Beef, Tomatoes, Parsley, Pickled Turnips, Red Onions, Drizzled with Garlic Toum Sauce, Wrapped in Pita Bread

### Mediterranean Chicken - 8.49

Grilled Chicken, Tomatoes, Lettuce, Tabouleh, Kalamata Olives, Hommus, Drizzled with Tahini Dressing, Wrapped in Pita Bread

### Supreme Pita - 8.49

Stuffed Grape Leaves, Lettuce, Tomatoes, Chopped Pickles, Cucumbers, Hot Sauce, Tzatziki Sauce, Wrapped in Pita Bread

### Chicken Gyro - 8.49

Grilled Chicken, Tomatoes, Lettuce, Red Onions, Banana Peppers, Tzatziki Sauce, Wrapped in Greek Flat Bread

### Original Gyro - 7.49

Gyro, Tomatoes, Red Onions, Tzatziki Sauce, Wrapped in Greek Flat Bread

### Supreme Gyro - 8.49

Gyro, Tomatoes, Lettuce, Red Onions, Feta Cheese, Banana Peppers, Tzatziki Sauce, Wrapped in Greek Flat Bread

### Fattoush Wrap - 8.49

Romaine, Parsley, Tomatoes, Cucumbers, Red Onion, Feta and Marinated Eggplant, Drizzled with a Sumac Mint Dressing, Wrapped in Pita Bread

## MEDITERRANEAN SPECIALTIES

### BUILD YOUR OWN BOWL! - 7.99

Served over a bed of Rice Pilaf, Lettuce, Tomato and Red Onion

#### Choose a Topping

Grilled Chicken, Falafel, Gyro or Beef Shawarma

#### Choose a Dressing

Tzatziki Sauce, Sesame Tahini, Garlic Toum Sauce or Hommus

### Gyro Plate - 12.99

Original Gyro Sandwich, Rice Pilaf, Greek Salad

### Falafel Plate - 12.99

Sonia's Falafel Sandwich, Rice Pilaf, Greek Salad

### Grilled Chicken Plate - 9.99

Grilled Chicken Breast, Rice Pilaf, Greek Salad

### Lahmejune (Armenian Pizza) - 1.99

Handmade thin dough topped with Seasoned Ground Beef

### Zaartar Bread - 1.99

Handmade thick dough topped with sesame, olive oil, thyme seasoning

### Pita Chips & Hommus - 5.49

Homemade Seasoned Pita Chips served with our traditional chick pea Hommus

### Raw Veggies & Tzatziki - 5.49

Carrots, Cucumbers, Peppers & Celery served with our Cucumber Yogurt Tzatziki Sauce

### Friday Special! Berashki - 3.99 ea.

Lightly fried turnover filled with Seasoned Ground Beef